

Sample Cease and Desist Letter (to seek the cessation of creditor contact by phone)

Date

Your Name

Street Address

City, State, Zip

Name of Credit Bureau

Street Address

City, State, Zip

To: Customer Service Dept.

In accordance with the provisions of the Fair Debt Collection Practices Act, I am requesting that your firm no longer contact me by phone. Please contact me only in writing by mail, regarding any business matters regarding my account (s) with your firm.

Thank you for your assistance in this matter.

Sincerely,

Your signature

Your typed name

Your Account Number